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A single minded approach

[Louise Russell](#)

11Sep07



Tonia Walsh at Punch Menswear with Mark Pangallo.
Picture by Roy Van Der Vegt.

TONIA WALSH could be the answer for Adelaide's singles.

Just like actor Will Smith's character Alex Hitchens in the film Hitch, Tonia aims to be a successful matchmaker, bringing to town her own one-on-one dating consultancy for guys.

The former Sydney girl says she was inspired to open her consultancy here as "there was a need for the SA man to ... update". Her services include tips increasing self-confidence, making small talk, even on what to keep in your pantry to impress.

Tonia will accompany her clients to bars, take them shopping and to the hairdressers whatever it takes to give them a "spruce up".

"The grooming and makeover is only part of the service," she says.

"The main focus is on self-confidence and awareness in males."

She says men are struggling to understand "fickle"

chicks, particularly in navigating the tricky line between gallantry and chauvinism.

"Times have changed, women are stronger," she says.

Tonia believes a potential market are divorced or busy men who've been out of the traditional singles scene for sometime and have "let themselves go".

"Their friends won't tell them. I will."

She says she draws on her own dating experiences, as well as her background in training and presentation to help.

She has created gift vouchers for mums, sisters, daughters and friends to give her services as a present.

Tonia's must-do tips to become an eligible bachelor

Dos

Get a nice haircut.

Shower before a date.

Remember your date is just as nervous as you are.

Listen and ask questions.

Important: remember you are so worthy of happiness. You're a great person.

Don'ts

In a nightclub, never approach a girl from behind and grind her arse. At least look a girl in the eyes before approaching.

Pull your belt tighter to make your waist thinner. Hanging is not a good look.

Pick your teeth or nails at the dinner table. Never pick your nose.

Look around while the person is talking to you. Focus on them.

Assume you have to have everything in common.

Complain about not meeting someone if you always go to the same bar.

Put yourself down.

Be scared to ask for help in a clothes shop.

Get rid of ...

Wrap around sunglasses.

The mullet.

Oversized T-shirts.

Tonia Walsh has offered the first five City Messenger readers a discount on their first consultancy. Phone 0406788877 or email info@expressivecommunications.com.au

